



Taquila Coleman

Motivational Speaker, Personal Life Coach, and Author

Taquila Coleman is on a mission to support women healing from the pains of divorce, abuse, or tragedy. Having spent most of her life living in the shadow of broken relationships, personal hardships, and a litany of life-altering experiences, Taquila knows firsthand what it means to lack confidence and live with self-doubt.

After her marriage ended, she made it her mission to help women and single mother families like hers. Her mission to help ease burdens through a support and education network, inspired her to build a community of like-minded women. That premise was the foundation for The Confident Woman Network, her flagship business.

Her simple, no-nonsense style invites women from all walks of life to take back their power, embrace their strengths, and to finally live authentically. In addition to mentoring, conferences, and faith-based lessons, Ms. Coleman's book *From Depression to Deliverance* aim to teach single moms to overcome the challenges of raising a family on their own.

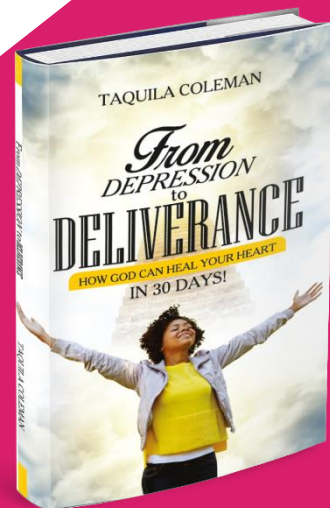
For more information about Ms. Coleman and her services, visit her website here:

 www.taquilacoleman.com

Signature Talk

Getting Over Him! What every abandoned single mother needs to know so that she can heal.

Love this book! Coleman shares her own powerful story and I found a lot to relate to. It helped me feel like I'm not alone in my own personal struggles and gave hope of better days ahead. I highly recommend this book to anyone looking for an inspirational message to help them through tough times. Nikki F.



To Book Taquila Coleman or more information, email her at

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 www.taquilacoleman.com